



Traveline Cymru Kids Activity Book

Games, challenges, recipes, resources and more for your little ones to enjoy!





Contents

My Daily Walk Tick-List.....	1
Spot the Difference.....	2
Colour Me In.....	3
Tell Me A Story.....	4-5
Transport Maths.....	6-7
Reading Bus Timetables.....	8
Recipe: Easy Peasy Chocolate Chunk Cookies.....	9
Recipe: Yummy Scrummy Rainbow Fruit Kebabs...	10
Recipe: Fun and Fruity Flapjacks.....	11
Useful Resources for Grown Ups.....	12

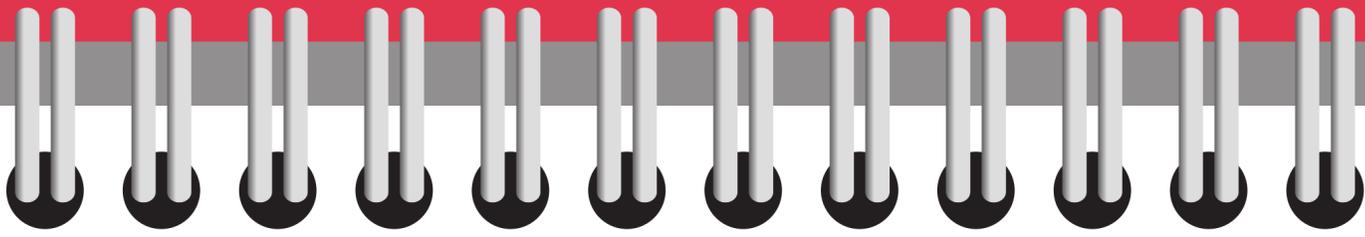
As well as ensuring you have the vital public transport you need, the Traveline Cymru team are really keen to support our customers, stakeholders and friends in other ways during these challenging times. We hope this book of activities, games and recipes provide some light relief for you and your family over the weeks and months to come!

From,

The Traveline Cymru Team

My Daily Walk Tick-List

How many of these can you see on your next walk? Tick them off as you go!



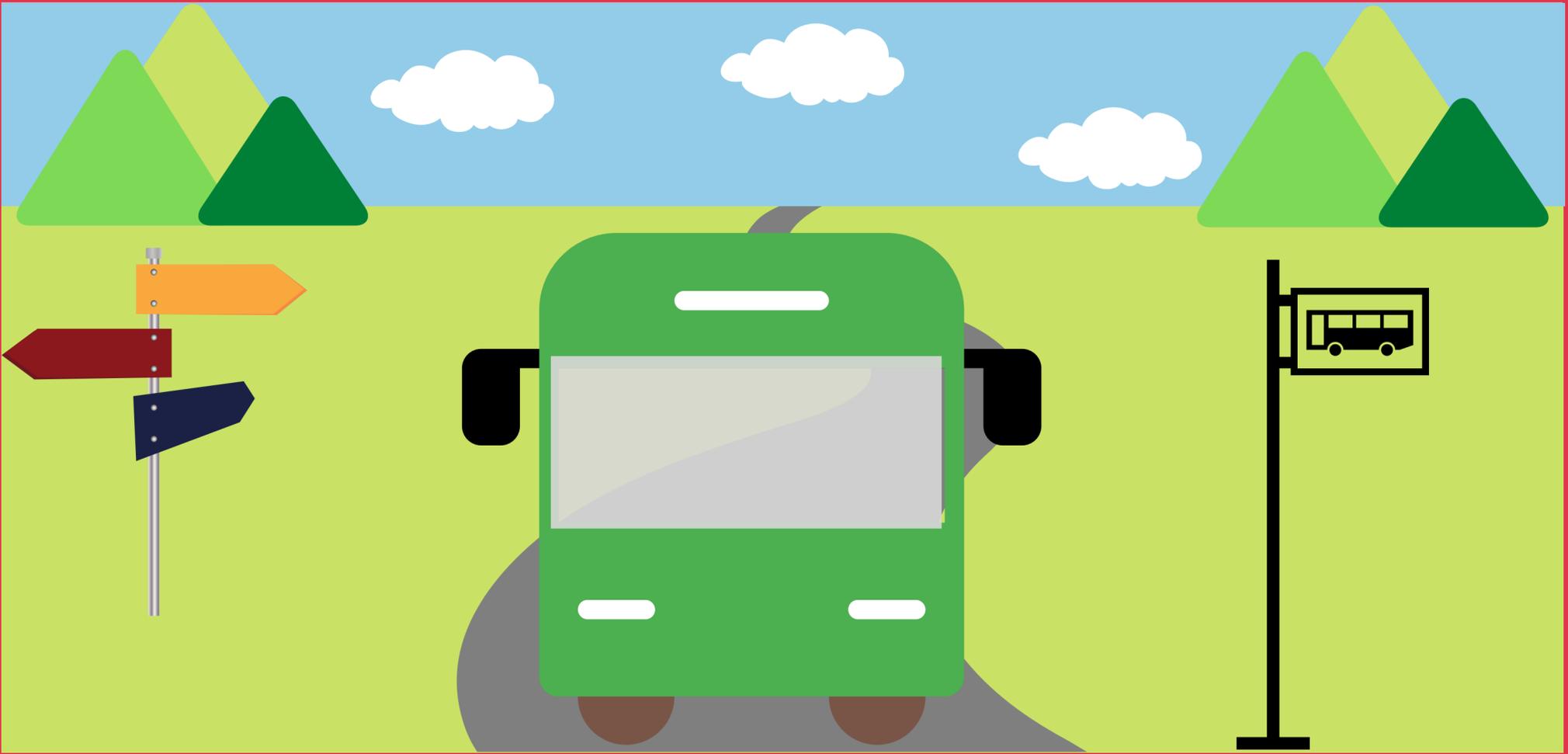
- | | |
|---|---|
| <input type="checkbox"/> Bus | <input type="checkbox"/> Flower |
| <input type="checkbox"/> Train | <input type="checkbox"/> Animal footprints |
| <input type="checkbox"/> Bike | <input type="checkbox"/> Tree |
| <input type="checkbox"/> Car | <input type="checkbox"/> A shop |
| <input type="checkbox"/> Scooter | <input type="checkbox"/> A place of worship |
| <input type="checkbox"/> Bus Shelter | <input type="checkbox"/> A school |
| <input type="checkbox"/> Road Sign | <input type="checkbox"/> Bench |
| <input type="checkbox"/> A Traveline Cymru logo | <input type="checkbox"/> Fence |
| <input type="checkbox"/> A bird | <input type="checkbox"/> River |
| <input type="checkbox"/> A bug | <input type="checkbox"/> Bridge |



Have a look for our logo at your nearest bus stop, bus shelter, train station or on a bus as it drives past you!

Spot the Difference

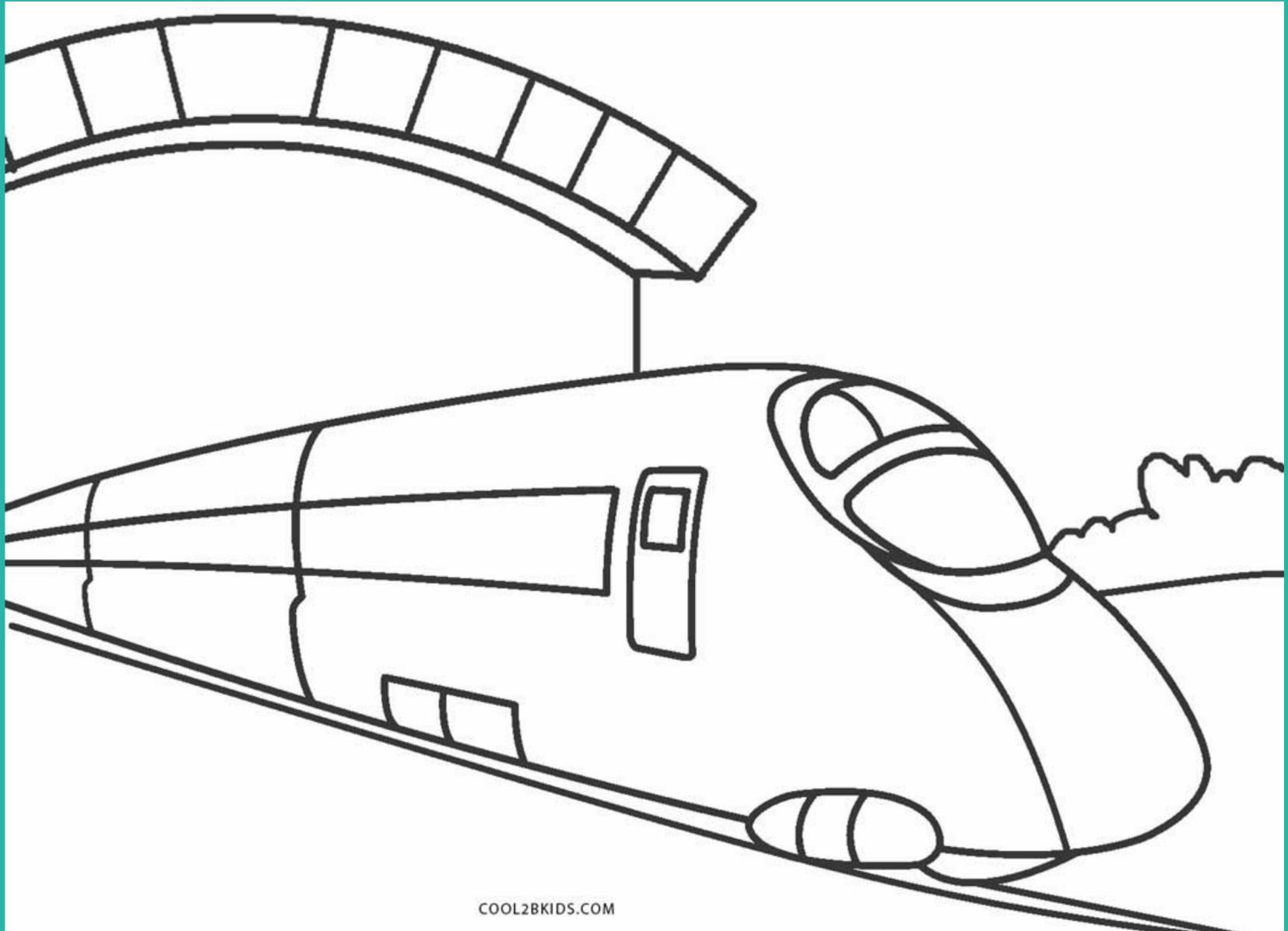
Can you spot and circle 6 differences between these two pictures?



If you've printed your activity pack in black and white, try looking at the pictures on your device so you can spot any differences in colours!

Colour Me In!

Colour in our train and bus! How many different colours can you use?



Tell Me A Story...

Can you write an awesome adventure story using some of Traveline Cymru's favourite words?
There's more lined paper on the next page!

Bus

Plane

Bike

Train

Walk

Driver

Wales



Lined writing area for the story.



If you're stuck, try to use some of these sentence starters in your story:

I could see...

I could taste...

I could hear...

I could smell...

I could feel...

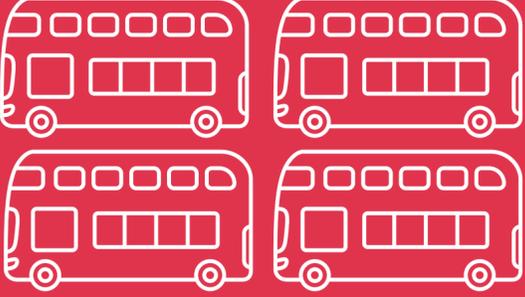
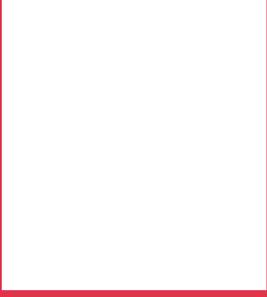
Tell Me A Story...



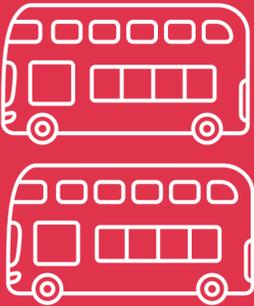
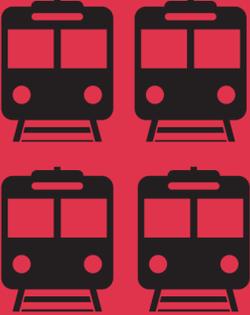
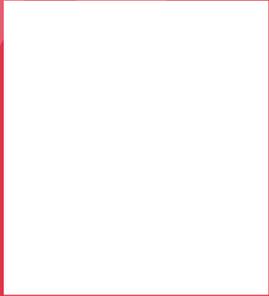
A large white rectangular area for writing, featuring a red horizontal line at the top and approximately 20 blue horizontal lines below it, providing a guide for text entry.

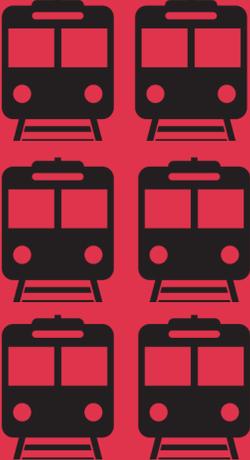
Transport Maths

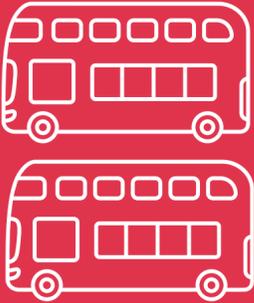
Can you solve these tricky transport Maths problems?

1.  +  = 

2.  -  = 

3.  +  +  = 

4.  +  -  = 

5.  +  +  -  = 

Transport Maths

Draw a line between the bus with the sum and the train with the correct answer!

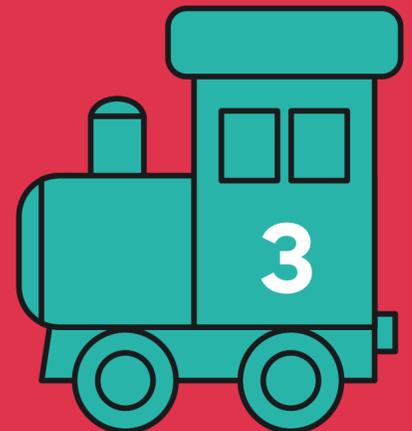
1.



2.



3.



4.



5.



Reading Bus Timetables

Can you read these bus timetables and answer the following questions?

This is part of the timetable for Cardiff Bus Service 2 (City Circle)

Service Number:	2	2	2	2	2	2	2
Operator Code	CBUS						
Footnotes:	-	-	-	-	-	-	-
after, Leckwith Close, Sloper Road, Leckwith Show more stops ▾	07:10	08:00	08:30	09:05	09:45	11:05	12:05
before, Grange Gardens, Corporation Road, Grangetown Show more stops ▾	07:17	08:07	08:37	09:12	09:52	11:14	12:14
opp Tesco , Mermaid Quay, New George Street, Cardiff Bay Show more stops ▾	07:21	08:11	08:41	09:16	09:56	11:19	12:19
adj Industrial Estate, Dumballs Road Middle, Dumballs Road, Butetown Show more stops ▾	07:24	08:14	08:44	09:19	09:59	11:22	12:22
o/s, Canal Street JF, Canal Street, Cardiff	07:30	08:20	08:50	09:25	10:05	11:30	12:30

- 1) What time is the first bus from '**after, Leckwith Close, Sloper Road, Leckwith**' to '**o/s Canal Street JF, Canal Street, Cardiff**'?.....
- 2) If I take that bus, what time will I arrive at '**o/s Canal Street JF, Canal Street, Cardiff**'?.....
- 3) How long will that journey take from '**after, Leckwith Close, Sloper Road, Leckwith**' to '**o/s Canal Street JF, Canal Street, Cardiff**'?.....
- 4) I'm meeting a friend near '**o/s Canal Street JF, Canal Street, Cardiff**' for breakfast at **9:15**. What time bus should I get from '**after, Leckwith Close, Sloper Road, Leckwith**' to make sure I can meet my friend in time?.....
- 5) If I miss the **8:11** bus from '**opp Tesco, Mermaid Quay, New George Street, Cardiff Bay**' by **2 minutes**, how long do I have to wait until the next bus arrives?.....
- 6) If I catch that next bus, how long will it take me to get from '**opp Tesco, Mermaid Quay, New George Street, Cardiff Bay**' to '**o/s Canal Street JF, Canal Street, Cardiff**'?.....

Easy Peasy Chocolate Chunk Cookies Recipe

Serves: 12

Prep Time: 10 mins

**Cooking Time: 13-14
mins**



Ingredients

- 200g softened butter
- 300g caster sugar
- 1 egg
- 250g self-raising flour
- 75g cocoa powder
- 2 tbsp milk
- Large bar of your favourite chocolate!

- 1) With the help of a grown up, put the oven onto 200° (fan) and cover 2 big baking trays with baking paper.
- 2) Put your butter and sugar together in a bowl and mix them together using a wooden spoon until your mixture is smooth and creamy. This can be hard, so you might need a grown up to help.
- 3) Crack in your egg and mix it into your butter and sugar mixture.
- 4) Next, sieve your flour and cocoa powder into your mixture. It's really important you remember to sieve these ingredients so your mixture doesn't become lumpy!
- 5) Give your mixture a good stir so your cookie dough begins to form. If it's too dry, add in the 2 tablespoons of milk.
- 6) Break up your chocolate bar into lots of chunks and add it to the cookie dough- you may need to use your hands for this bit!
- 7) Then, break your cookie dough into 12 big balls and give them a little squish on top to flatten them- but not too much!
- 8) Place your cookie dough balls onto your baking trays, 6 on each, and ask a grown up to help you put them in the oven for 12-14 minutes. Once your cookies start to crack a little on top, take them out of the oven and leave them to cool and firm up.

Yummy Scrummy Rainbow Fruit Kebabs Recipe

Serves: 6

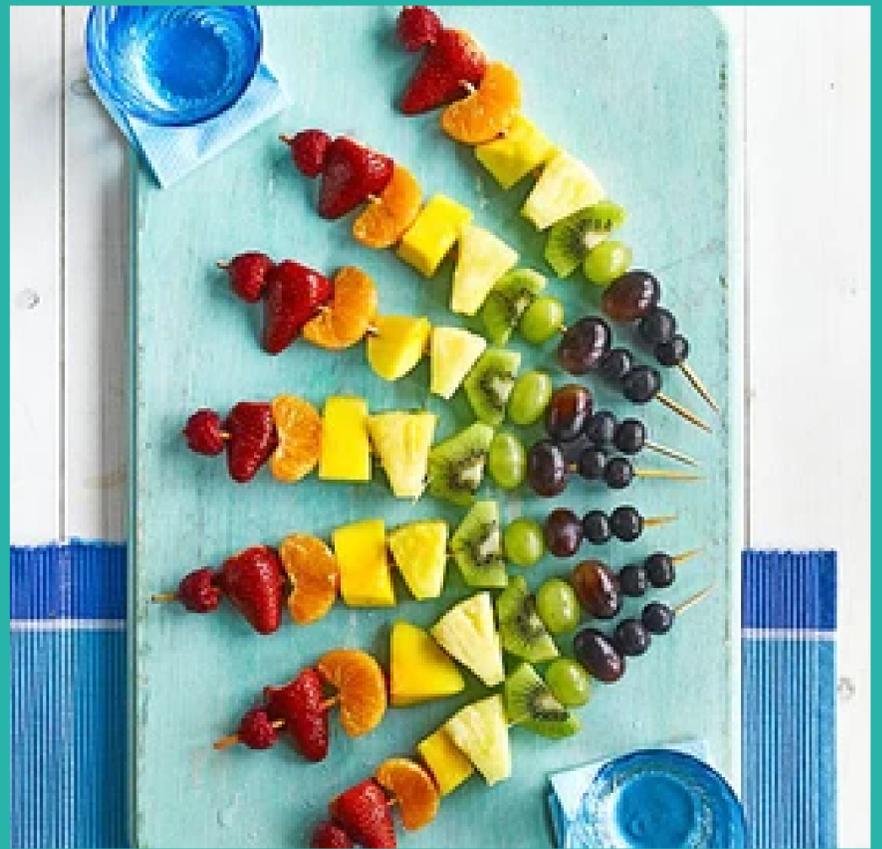
Prep Time: 10 mins

Cooking Time: No cooking time!

Ingredients

- 6 big wooden skewers
- 6 raspberries
- 6 strawberries
- 6 pineapple chunks
- 1 banana
- 6 green grapes
- 6 red grapes
- 12 blueberries

(or whatever fruit you like! It doesn't matter if the fruit is fresh, tinned or frozen)



1) Wash your fruit and chop your banana into 6 chunks.

2) Take your 6 wooden skewers and carefully thread on your fruit in the following pattern:

- 1 raspberry
- 1 strawberry
- 1 pineapple chunk
- 1 banana chunk
- 1 green grape
- 1 red grape
- 1 blueberry

3) Arrange your skewers in a rainbow shape and let everyone help themselves! For a treat, you could dip your fruit kebab into a bowl of melted chocolate.

Fun and Fruity Flapjacks

Recipe

Serves: 18

Prep Time: 10 mins

Cooking Time: 25 mins



Ingredients

- 100g butter
- 2 tbsp soft light brown Muscovado sugar
- 5 tbsp golden or maple syrup
- 175g rolled oats
- 40g sultanas
- 25g dried apricots, chopped
- 25g dried cherries

- 1) Ask a grown up to preheat the oven to 160° (fan). Then, lightly butter a square baking tin and cover the base and sides with baking paper.
- 2) With the help of a grown up, very carefully put your butter, sugar and syrup into a saucepan, place over a low heat and stir until melted. Once it's all melted together, leave on the side to cool.
- 3) Place your oats, apricots, sultanas and cherries into a large bowl and stir to combine.
- 4) Carefully pour the cooled melted butter and sugar mix into your bowl and stir until it's fully combined.
- 5) Tip your mix into your baking tin and use your hands to flatten it down.
- 6) Ask a grown up to put your flapjacks into the oven for 20 to 25 minutes. They should be golden brown once they're ready!
- 7) Once completely cool, with the help of a grown up, cut your flapjacks into 18 bars and enjoy!

Useful Resources for Grown Ups

Juggling home-schooling with the rest of your day to day responsibilities can be really difficult. Below we've outlined some resources that might be helpful for you and your family over the coming months.

- The BBC are airing a series of educational programmes during the week, as well as additional content on the Red Button and on **BBC iPlayer**. **BBC Bitesize** also has lots of useful educational resources divided by subject for children aged 3 to 16+.
- **Transport for Wales** have created a handy pack of learning resources for young travel enthusiasts. The pack contains work sheets for primary and secondary aged pupils, with tasks for maths, English and Welsh.
- **BrainPop** is a website full of videos for secondary school children on subjects such as Maths, English and Science. They also have lessons on life skills such as Empathy, Respect and Relationships.
- **The National Geographic Kids** website has a wide selection of games, quizzes and facts for Key Stage 1 children. There is also a section on the website that helps explain what Coronavirus is and may also help you answer any questions they may have.
- **National Museum Cardiff** has a variety of learning activities on their website for Early Years, Foundation Phase, Key Stage 2, Key Stage 3 and 4, Post 16 Education and Adult Learner students
- Joe Wicks has restarted his '**PE with Joe**' lessons, streaming on YouTube on Mondays, Wednesdays and Fridays at 9am. Even if you can't watch the lesson live, you can go back and make use of it in your own time when you and the kids need to burn off some energy,
- **Oxford University Press** have released a free picture book for children about the Coronavirus, whilst the **IASC** have published a storybook explaining what Coronavirus is and how to stay safe.