

Crug y Bar - Lampeter**Monday and Thursday (Excluding Bank Holidays) (Inbound)**

Operator: RBRORBRO

Crug-y-bar	1014	1408
Caio		1417
Dolaucothi gold mine		1421
Pumsaint	1018	1423
Ffarmers opp shelter	1028	
Cwmann Heol Hathren	1045	1438
Lampeter Nat West Bank	1048	1441

Lampeter - Crug y Bar**Monday and Thursday (Excluding Bank Holidays) (Outbound)**

Operator: RBRORBRO

Lampeter Nat West Bank	0940	1333
Cwmann Heol Hathren	0942	1335
Ffarmers opp shelter		1352
Pumsaint	0957	1402
Dolaucothi gold mine	0959	
Caio	1003	
Crug-y-bar	1012	1406

Service 689 (RBAO689)

Timetable valid from 28th January 2020 until further notice

Service 689 (RBAO689)

Timetable valid from 28th January 2020 until further notice