

Carmarthen - Ammanford via Cross Hands

Service 129 (FCAO129)
Monday to Friday (Excluding Bank Holidays) (Inbound)

Timetable valid from 31st August 2025 until further notice

Operator: FCYMF CYMFCYMF CYMFCYMF CYMFCYMF CYMFCYMF CYMFCYMF CYMFCYMF CYMFCYMF										
Carmarthen Bus Station Stand 5	0700	0800	1000	1200	1400	1600	1705	1805	1940	
Nantycaws	0708	0809	1009	1209	1409	1609	1713	1813	1948	
Llanddarog (Is-y-Llan)	0715	0816	1016	1216	1416	1616	1720	1820	1955	
Porthyrhyd (Shelter)	0720	0821	1021	1221	1421	1621	1725	1825	2000	
Drefach (opp Cafe) (Arr)	0724	0826	1026	1226	1426	1626	1730	1830	2005	
Drefach (opp Cafe) (Dep)	0725	0827	1027	1227	1427	1627	1732	1832	2005	
Tumble (Tynton)	0732	0834	1034	1234	1434	1634	1738	1838	2010	
Cross Hands Square (Monument) (Arr)	0739	0843	1043	1243	1443	1643	1746	1846	2017	
Cross Hands Square (Monument) (Dep)	0740	0844	1044	1244	1444	1644	1747	1847	2017	
Cross Hands (Business Park)	0745	0849	1049	1249	1449	1649	1752	1852	2021	
Gorslas (square)	0749	0854	1054	1254	1454	1654	1757	1857	2025	
Penygroes (Surgery)	0754	0859	1059	1259	1459	1659	1802	1902	2029	
Capel Hendre Square	0801	0906	1106	1306	1506	1706	1808	1908	2035	
Saron Square	0806	0910	1110	1310	1510	1710	1811	1911	2038	
Ammanford Bus Station Stand 4 (Arr)	0815	0918	1118	1318	1518	1718	1818	1918	2044	
Ammanford Bus Station Stand 4 (Dep)	--	--	--	--	--	--	--	1819	1919	--
Tycroes (Square)	--	--	--	--	--	--	1826	1926	--	

Ammanford - Carmarthen via Cross Hands

Service 129 (FCAO129)
Monday to Friday (Excluding Bank Holidays) (Outbound)

Timetable valid from 31st August 2025 until further notice

Days:	SH	SD									
Operator: FCYMF CYMFCYMF CYMFCYMF CYMFCYMF CYMFCYMF CYMFCYMF CYMFCYMF CYMFCYMF CYMFCYMF											
Tycroes (Square)	--	0636	--	--	--	--	--	--	--	--	--
Ammanford Bus Station Stand 4 (Arr)	--	0643	--	--	--	--	--	--	--	--	--
Ammanford Bus Station Stand 4 (Dep)	0550	0644	0805	0800	1030	1230	1430	1530	1630	1830	
Saron Square	0557	0651	0813	0808	1038	1238	1438	1538	1638	1837	
Capel Hendre Square	0600	0654	0816	0811	1041	1241	1441	1541	1641	1840	
Penygroes (Surgery)	0607	0702	0825	0820	1049	1249	1449	1549	1649	1847	
Gorslas (square)	0611	0706	0830	0825	1054	1254	1454	1554	1654	1851	
Cross Hands (Business Park)	0616	0711	0835	0830	1059	1259	1459	1559	1659	1856	
Ysgol Maes y Gwendraeth				0836							
Cross Hands Square (Monument) (Arr)	0619	0715	0839	0839	1103	1303	1503	1603	1703	1859	
Cross Hands Square (Monument) (Dep)	0619	0716	0842	0842	1104	1304	1504	1604	1704	1900	
Tumble (Tynton)	0626	0724	0851	0851	1113	1313	1513	1613	1713	1907	
Drefach (Cafe) (Arr)	0631	0730	0857	0857	1119	1319	1519	1619	1719	1912	
Drefach (Cafe) (Dep)	0631	0732	0858	0858	1120	1320	1520	1620	1720	1913	
Porthyrhyd (Shelter)	0635	0736	0903	0903	1125	1325	1525	1625	1725	1917	
Llanddarog (Is-y-Llan)	0640	0741	0908	0908	1130	1330	1530	1630	1730	1922	
Nantycaws	0647	0748	0915	0915	1137	1337	1537	1637	1737	1929	
Carmarthen Bus Station Stand 5	0655	0756	0925	0925	1147	1347	1547	1647	1747	1937	

Notes:

- SH** School Holidays
- SD** Schooldays Only
- SH** School Holidays Only

Carmarthen - Ammanford via Cross Hands

Service 129 (FCAO129)
Saturday (Inbound)

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Operator: FCYMF CYMFCYMF CYMFCYMF CYMFCYMF CYMFCYMF CYMFCYMF CYMFCYMF CYMFCYMF										
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Drefach (opp Cafe) (Arr)	0724	0826	1026	1226	1426	1626	1730	1830	2005	
Drefach (opp Cafe) (Dep)	0725	0827	1027	1227	1427	1627	1732	1832	2005	
Tumble (Tynton)	0732	0834	1034	1234	1434	1634	1738	1838	2010	
Cross Hands Square (Monument) (Arr)	0739	0843	1043	1243	1443	1643	1746	1846	2017	
Cross Hands Square (Monument) (Dep)	0740	0844	1044	1244	1444	1644	1747	1847	2017	
Cross Hands (Business Park)	0745	0849	1049	1249	1449	1649	1752	1852	2021	
Gorslas (square)	0749	0854	1054	1254	1454	1654	1757	1857	2025	
Penygroes (Surgery)	0754	0859	1059	1259	1459	1659	1802	1902	2029	
Capel Hendre Square	0801	0906	1106	1306	1506	1706	1808	1908	2035	
Saron Square	0806	0910	1110	1310	1510	1710	1811	1911	2038	
Ammanford Bus Station Stand 4 (Arr)	0815	0918	1118	1318	1518	1718	1818	1918	2044	
Ammanford Bus Station Stand 4 (Dep)	--	--	--	--	--	--	1819	1919	--	
Tycroes (Square)	--	--	--	--	--	--	1826	1926	--	

Ammanford - Carmarthen via Cross Hands

Saturday (Outbound)
Operator: FCYMF CYMFCYMF CYMFCYMF CYMFCYMF CYMFCYMF CYMFCYMF CYMFCYMF CYMFCYMF

Tycroes (Square)	--	0636	--	--	--	--	--	--	--	--
Ammanford Bus Station Stand 4 (Arr)	--	0643	--	--	--	--	--	--	--	--
Ammanford Bus Station Stand 4 (Dep)	0550	0644	0805	1030	1230	1430	1530	1630	1830	
Saron Square	0557	0651	0813	1038	1238	1438	1538	1638	1837	
Capel Hendre Square	0600	0654	0816	1041	1241	1441	1541	1641	1840	
Penygroes (Surgery)	0607	0702	0825	1049	1249	1449	1549	1649	1847	
Gorslas (square)	0611	0706	0830	1054	1254	1454	1554	1654	1851	
Cross Hands (Business Park)	0616	0711	0835	1059	1259	1459	1559	1659	1856	
Cross Hands Square (Monument) (Arr)	0619	0715	0839	1103	1303	1503	1603	1703	1859	
Cross Hands Square (Monument) (Dep)	0619	0716	0842	1104	1304	1504	1604	1704	1900	
Tumble (Tynton)	0626	0724	0851	1113	1313	1513	1613	1713	1907	
Drefach (Cafe) (Arr)	0631	0730	0857	1119	1319	1519	1619	1719	1912	
Drefach (Cafe) (Dep)	0631	0732	0858	1120	1320	1520	1620	1720	1913	
Porthyrhyd (Shelter)	0635	0736	0903	1125	1325	1525	1625	1725	1917	
Llanddarog (Is-y-Llan)	0640	0741	0908	1130	1330	1530	1630	1730	1922	
Nantycaws	0647	0748	0915	1137	1337	1537	1637	1737	1929	
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